

HealWell.

# GRIP SPLINT

WRIST / HAND / FINGER ORTHOSIS WHFO MODEL 25-800

Maintains a neutral position of the hand, reducing wrist flexion and increasing extension of the fingers.

Holds the hand open, preventing finger flexion and damage to the palmar skin.

UNIVERSAL SIZE

FITS RIGHT OR LEFT

## Indications:

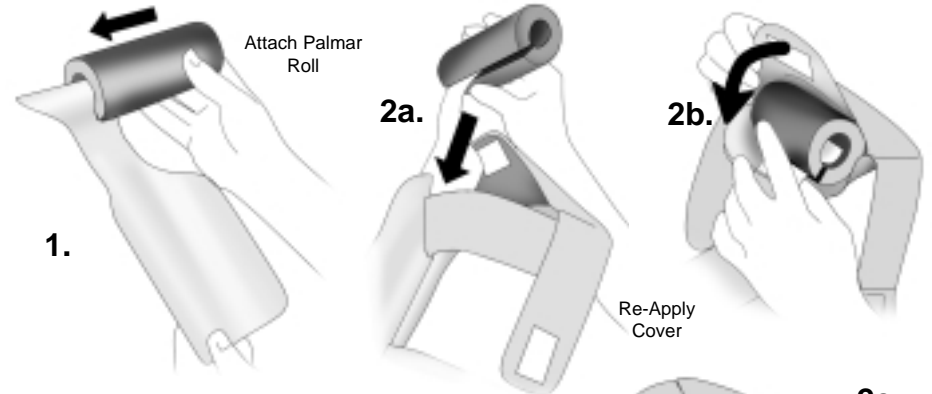
- Mild/moderate non-fixed contractures of the hand, wrist and fingers
- Therapeutic positioning of paralyzed or injured hand or wrist
- Particularly useful after injury, stroke or disease to prevent contracture and protect the hand and wrist

The HealWell® Grip Splint (WHFO) is supplied with two palmar rolls in 1½" and 1¾" diameters to accommodate various levels of finger contracture or hand sizes and/or offer progressive extension of the fingers.

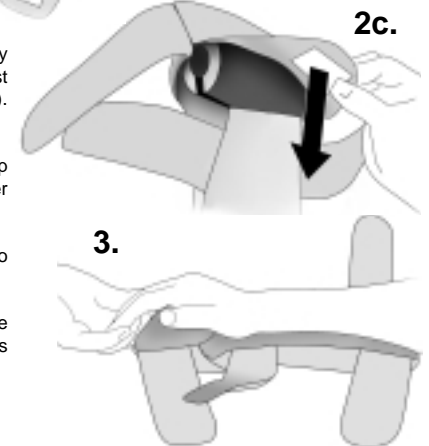
## APPLICATION INSTRUCTIONS:

1. Select the appropriate sized palmar roll depending on the degree of contracture and slide onto the base as shown. Product is initially packaged with the 1½" roll in place.

**FOR SEVERE CONTRACTURES:** The Grip Splint (WHFO) may be used without the palmar roll. Follow steps below, disregarding palmar roll application.



2. With the palmar roll in place reapply the cover by inserting the forearm portion of the plastic base in first (a). Lift hand portion pocket of cover over palmar roll (b). Secure the cover closure (c).
3. Position the patient's wrist and forearm in the Grip Splint. Carefully open the patient's fingers and lift over the palmar roll.
4. Fasten all closures tight enough to secure the splint to the patient without inhibiting circulation.



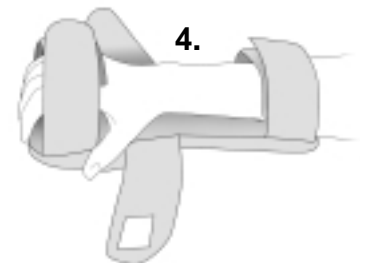
After fitting the Grip Splint, the patient should be checked at regular intervals to ensure proper position is maintained and circulation is adequate.

## CARE INSTRUCTIONS:

Unfasten closures and remove the cover from the plastic base. Refasten all closures and insert the cover in the mesh laundry bag provided. Machine wash in gentle cycle with mild soap. Air-dry away from heat. Ensure the cover is completely dry before reapplying.

### CAUTION:

This product should be used by order or under the supervision of a medical professional. The Grip Splint should be routinely checked and a skin assessment performed. Do not use on a fixed contracture or when there is excessive swelling or pain. Discontinue use and consult a physician if pain, swelling or unusual reactions are experienced. This device is only one element in the overall treatment program. There is no guarantee that injury will be cured or prevented through use of this product.



For more information, please visit  
[www.HealWellinfo.com](http://www.HealWellinfo.com)